Opioids and Workers' Compensation in Colorado

PINNACOL ASSURANCE

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Prepared for the Colorado Legislative Interim Study Committee on Opioid and Other Substance Use Disorders Injured workers who are prescribed even one opioid have average total claim costs

44 GREATER

than similar claims from workers who were not prescribed opioids Receiving more than a

1 WEEK SUPPLY

of opioids soon after an injury doubles a worker's risk of disability **1 year later**

44.9%

Pinnacol injured workers in 2017 who received a prescription received an opioid

17.4% of all Rx in CO Worker's Compensation Oxycontin, Percocet, Vicodin

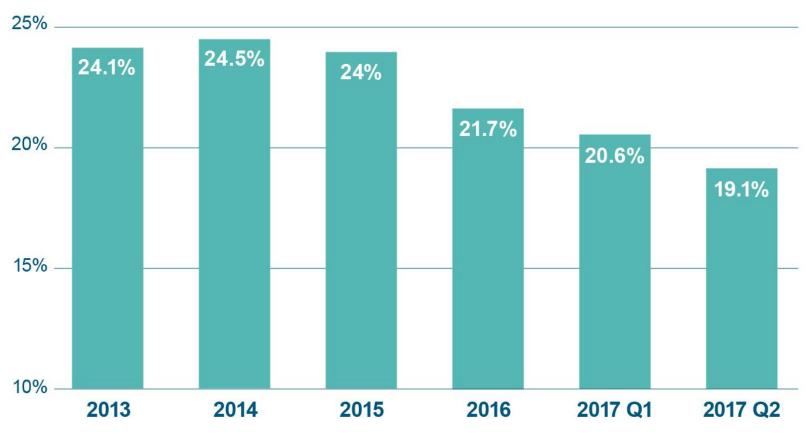
Source: National Safety Council. www.nsc.org/learn/NSC-Initiatives/Pages/prescription-painkillers-for-employers.aspx

Source: Internal Pinnacol data on opioid prescribing; compiled August 2017

Source: NCCI presentation titled: By the Numbers: Opioid Use in Colorado, presented April 19th, 2017 by Raji Chadarevian and Susan Schulte



Pinnacol percentage of Rx spend on opioids (as part of overall pharmacy spend)



Source: Internal Pinnacol data on opioid prescribing; compiled August 2017



DOWC Strategies

- Medical Treatment Guidelines
- Optional Financial Incentive
- Education
- Advocating for PDMP use



Pinnacol tactics to reduce inappropriate opioid use

Pinnacol Promotion of DOWC Medical Treatment Guidelines and Quality Improvement programs

Pharmacy benefits manager

- Clinical alerts for treatment that falls outside of recommended guidelines
- Targeted letters to medical providers

Provider education

- Opioid-prescribing scorecards
- Mandatory opioid webinar

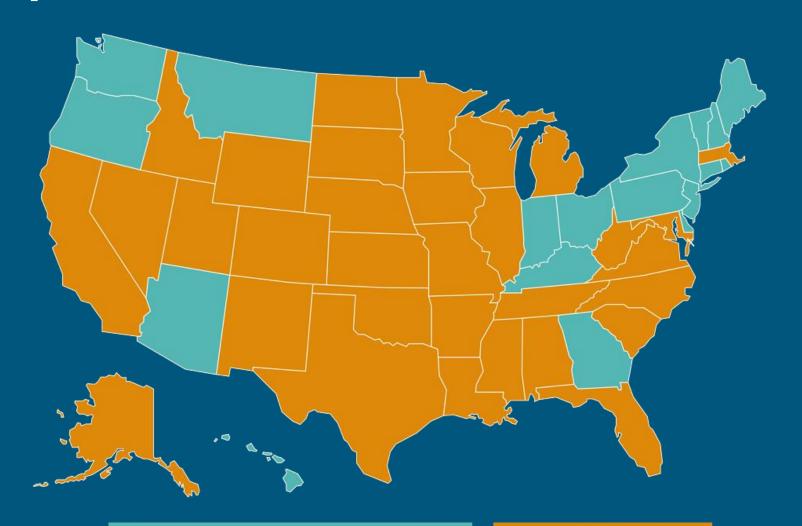
Patient education

Mailed materials



Helpful, but mostly voluntary and of variable effectiveness

18 states have mandatory opioid Rx limits





Pinnacol recommendations

- 1. Mandatory initial and periodic PDMP use
- 2. Mandatory provider education
- 3. Legislation to limit initial opioid prescriptions for acute pain
 - Tip of the spear for reducing the amount of opioids prescribed
 - Provides foundation for providers to prescribe appropriately

Thank you